



# role profile

**Role Title:** **Thinkahead Committee Member**

**Reports to:** Thinkahead Chair

**Base:** Room 7, Fratton Community Centre  
(postal address – committee members work from home)

**Hours:** A 2 hour meeting is held every 4 -6 weeks and members are expected to prepare for and attend these meetings. Committee members may also volunteer to take on specific roles or pieces of work which will require extra hours.

**Background:**

Thinkahead is the adult mental health website for Portsmouth. Our objectives are to:

- increase awareness of local mental health services, support networks, news and events
- give facts, figures, practical guidance and information on a range of mental health related issues , including new philosophies and approaches, national legislation and local plans
- keep people informed of opportunities for involvement and participation in the development of local services and give people a chance to have their voice heard
- through information and education, dispel myths and reduce the stigma and prejudice associated with mental health issues

thus contributing to the positive mental health of people in our city.

### **Background continued:**

We currently have 5 committee members and are looking to extend the membership by 2 service users and 3 carer members. All committee members are volunteers and the group is a not-for-profit group. The main source of funding is through grants from various organisations.

### **Role description:**

The role of committee member involves:

- taking responsibility for, and contributing to the decision making processes in relation to the running, management and development of the website
- acting as a representative for Thinkahead at various events
- taking on specialist interest projects or tasks, e.g. maintaining or developing website content

*Please note we already have a webmaster and are looking solely for committee members*

### **Payment:**

All reasonable expenses will be reimbursed on the production of receipts. Expenses should be agreed in advance with the treasurer

### **Skills & experience**

We are seeking committee members who use/have used adult mental health services in Portsmouth. Our constitution states that committee members must live or work in Portsmouth.

There are no other requirements other than to have an interest in the work we do, to be able to attend the meetings and to have a willingness and ability to develop in role.

### **Support & training**

Existing committee members will provide support if required and as necessary. Access to training will be based upon need and relevance.

### **More information**

For more information please contact James Gagliardini on (023) 92755400 or mobile (07834750981) or email [enquiries@thinkingahead.org.uk](mailto:enquiries@thinkingahead.org.uk).

**[www.thinkingAHEAD.org.uk](http://www.thinkingAHEAD.org.uk)**